INSTRUCTOR:

Begin by going over the PERSONALITY TRAITS segment. (p.1)

List on the board the positive and negative attitudes. Get the drivers to give ideas.

Discuss: FIVE DIMENTIONS OF A PERSONALITY (p.2): Read each characteristic attribute or make a handout for each driver to read along.

Give the PERSONALITY QUIZ (p.3). Make this a fun part of the training. There is not a result from this quiz, it's just to help break the ice with the group.

The rest of the information is taken from the Instructors manual unit 5 "Student Management" Make handout or overhead of page 3 "COMMITMENT" (p.4) 'Drivers must be committed to the physical and emotional safety of every (See attached handout)

If you have access to the video called "BUS DISCIPLINE; A POSITIVE APPROACH" play the first 2 minutes segment. If not skip to next handout/overhead/slide "BEFORE WORK – AFTER WORK" explain how each of us is ready for the day (adlib) and show BEFORE WORK (overhead), then explain that some days don't go as we plan (adlib) and show AFTER WORK(overhead).

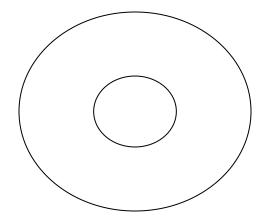
Drivers; learn to know yourself and understand why you act or re-act the way you do, in any given situation. This is the first step in developing a healthy, motivated attitude when dealing with students. Your attitude as a driver, your speech, appearance, and body language will have a direct bearing on how the students behave and respond to you as a person.

Show "BEHAVIOR ON THE BUS IS NEVER CHANGED UNTIL THE DRIVER CAN MANAGE THEIR OWN BEHAVIOR"

Draw a circle on the board and write "DRIVER'S ATTITUDE" in the center circle, then have drivers' list characteristics of an effective, confident driver and write them as the spokes on the circle. Examples:

Example
Positive
Act vs. re-act
Good listener
Understanding
Be real

Caring



Pre-trip your attitude each morning. Are you ready for the day? Have you put aside any personal problems so you can focus completely on the task at hand? Have you wiped the slate clean of student issues you had yesterday? Remember your attitude must be 100% for the safety of the students. (If you want, demonstrate on the board)

| ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | (,, |
|---|---|
| A-1 | |
| T-20 | |
| T-20 | |
| I-9 | Say to yourself "CLEAR THE MECHANISM" – "For the Love of the Game" |
| T-20 | (Kevin Costner) |
| U-21 | Show frog/horse picture: "When You Change the Way You Look at Things, |
| D-4 | The Things You Look At Change" |
| <u>E-5</u> | |
| <u>100%</u> | |

PERSONALITY TRAITS

Personality traits are what define individuals. No two people can have the same prevailing conditions of personality traits. The mixture that these conditions would form is what leads each human being to be different from the other.

How many times have you heard someone say, "Oh, that's just the way he/she is. It's his/her personality!"? We use the term so loosely that we have forgotten to analyze what it truly means. Let's check out all the personality traits that an individual can have. Different variations and combinations of these personality traits lead to character building and personality development of the individual. Knowledge of these traits can help one in self-improvement.

Wouldn't the world be absolutely dull and ridiculously boring if we all were of the same type? It is the differences between different individuals that create society. Think of it this way, if A and B were two guys, best friend and were exactly the same, they would both be in constant competition with each other. Even worse, every time they would make an effort to 'up' the other it would be nullified because they would think of it at the same time. How frustrating life would be in the absence of personality traits.

(List on board. Get drivers to give traits)

| ATTITUDE-CENTRIC | (POSITIVE | AND | NEGATIVE) |
|------------------|-----------|-----|-----------|
|------------------|-----------|-----|-----------|

OPEN, ADJUST TO AUTHORITY REBELLIOUS, NON ACEPTING TO AUTHORITY

WARM, AFFECTIONATE DISTANT, COLD

SUCCESSFUL, AMBITIOUS CONTENT, UNMOTIVATED

CHEERFUL, HAPPY GLOOMY, DEPRESSED

ACCEPTING, RECEPTIVE REJECT, IGNOR

HIGH SELF-CONFIDENCE INSECURE

HARD WORKING LAZY

OPTIMISTIC PESSIMISTIC

GENEROSITY SELFISH, STINGY

FRIENDLY HOSTILE

DECISIVE, DETERMINED INDECISIVE, INSECURE

FIVE DIMENSIONS OF A PERSONALITY

| FACTOR | CHARACTERISTIC ATTRIBUTE | |
|-----------------------|--|--|
| I. Openness | These individuals are open to creativity, new ideas and thoughts. They appreciate art, they are rational thinkers, Intelligent, a little complex by nature and are mindful of their own feelings. | |
| II. Extraversion | Individuals under this trait are aggressive, chatty, outgoing, and look for the company of stimulating people. They have lots of positive energy in them and like to gain the attention of people. They believe in action. | |
| III. Neuroticism | This trait includes individuals harboring negative emotions in them. Individuals may be prone to anxiety, depression, may get stressed easily. They lose their temper easily and may overreact in response. | |
| IV. Conscientiousness | These individuals are well-organized and systematic with regard to their work and aim high. Self-discipline comes naturally to them, they are passionate about their work and work efficiency is very high in them. | |
| V. Agreeableness | Rather than being suspicious or curious, these individuals sympathize with others. They are kind warm at heart, very understanding, cooperative with everyone and friendly. They give their best in any relation. They are open to compromises, helpful to others and are optimists. | |

PERSONALITY QUIZ: THE ATTITUDE TEST

1. When you face difficulty:

- a. You quickly solve the problem and then think of a way to take revenge on the person who gave you that problem.
- b. You think of ways to solve it.
- c. You throw stuff and bang your head on a wall and blame everyone else for you problems.
- d. You do nothing. You look at the bright side of life.

2. You wear clothes of which color:

- a. Whatever I can find in my closet! I'm not very choosy.
- b. Mostly blue, white, green, ect.
- c. Mostly black, violet, gray, brown, ect.
- d. I don't care about the color as long as it has something witty written on it.

3. The group you hang out with:

- a. I don't have a group. I can talk to anyone and everyone.
- b. My ultra cool gang. Everyone else can only get a glimpse of me.
- c. Just a few of really good friends.
- d. NOBODY. I'm a loner.

4. In your free time you usually:

- a. I'm always with my group.
- b. I go around town and explore.
- c. Read, eat, chat, the usual.
- d. Sit by myself in a dark room and think about all the mean things people did to me.

5. The column you read in the newspapers:

- a. I don't read newspapers.
- b. The leisure page, crossword, cartoons and stuff.
- c. Just go through everything and see if there's anything interesting.
- d. The hot topics all about the celebrity scandals to keep myself updated.

6. If anyone told you that you are doing something wrong you:

- a. Ask for advice from that person and act accordingly.
- b. You glare at the person and think "how dare that person tell me that I'm wrong?"
- c. You tell them that it doesn't really matter because you don't really care, but you thank them anyway.
- d. You coolly tell them to mind their own business.

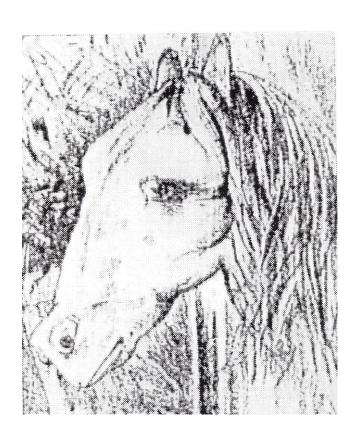
7. If you see someone making a mistake you:

- a. Smirk and decide to watch the fun.
- b. At first you smile then take pity on them and tell them.
- c. Keep your mouth shut and let them figure it out themselves.
- d. Tell them immediately.

8. Would you go back to school to get smarter?

- a. Yes, I want to be smarter than my friends.
- b. No, I'm plenty smart already.

DRIVERS MUST BE COMMITTED TO THE PHYSICAL AND EMOTIONAL SAFETY OF EVERY PASSENGER ON THE SCHOOL BUS. THEY SHOULD ALSO BE COMMITTED TO THEIR OWN SAFETY, BECAUSE, IF ANYTHING HAPPENS TO THEM, THE PASSENGERS ARE NOT SAFE. NO MATTER WHO THE PUPIL IS AND NO MATTER WHAT CHALLENGES THEY FACE, THE PUPIL SHOULD BE CONFIDENT THAT THE SCHOOL BUS IS A SAFE PLACE.



BEFORE WORK



AFTER WORK